

# Self-Confrontation

Matthew 7:1-5

Part 1

January 6 ~ March 31

Hobson Auditorium

# Self-Confrontation

The background features a large, leafy green tree in the center, set against a bright yellow sky. A solid green horizontal band runs across the middle of the image, partially overlapping the tree. The bottom of the image shows a yellowish ground area.

Week 2

You Can Change  
Biblically (Part 2)

# Catch Up with Week 1

## Lesson 1: You Can Change Biblically (Part 1)



# Self-Confrontation (Week 2)

## The Goal of this Study

1. To teach you how to face, deal with, and endure all difficulties of life; and
2. To prepare you to help others to overcome their difficulties of life.

## Principle 1

Because God's standard is one of perfection, you cannot meet it by your own efforts. You cannot save yourself nor depend on any other human being to redeem you. You need to recognize your helplessness to meet God's standard and need to repent of your sin. By God's grace and mercy, you recognize your lost condition and believe wholeheartedly and sincerely on the Lord Jesus Christ to receive the gift of eternal life and forgiveness of your sins.

# Self-Confrontation (Week 2)



\*Tripp, Lane. How People Change, New Growth Press: 2006.

**You must understand that  
man's way of solving  
problems falls short of  
God's solutions.**

**Man's Way and God's Way**



# Self-Confrontation (Week 2)

## Key Concept: Lasting Biblical Change

1. **LASTING**
2. **BIBLICAL**
3. **CHANGE**

**Lasting: Not Temporary**

**Biblical: Not Worldly**

**Change: Not Coping**

**Man's Way and God's Way**

# Self-Confrontation (Week 2)

## Key Concept: Lasting Biblical Change

1. LASTING
2. BIBLICAL
3. CHANGE

### Lasting: Not Temporary

#### Philippians 1:3-6

*I thank my God in all my remembrance of you, 4 always offering prayer with joy in my every prayer for you all, 5 in view of your participation in the gospel from the first day until now. 6 For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.*

**First Day --- Now --- Final Day**

# Self-Confrontation (Week 2)

## Key Concept: Lasting Biblical Change

1. LASTING
2. BIBLICAL
3. CHANGE

**Lasting: Not Temporary**

**Biblical: Not Worldly**

2 Timothy 3:14-17

You, however, continue in the things you have learned and become convinced of, knowing from whom you have learned *them*, 15 and that from childhood you have known the sacred writings which are able to give you the wisdom that leads to salvation through faith which is in Christ Jesus. 16 All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; 17 so that the man of God may be adequate, equipped for every good work.

# Self-Confrontation (Week 2)

## Key Concept: Lasting Biblical Change

1. LASTING
2. BIBLICAL
3. CHANGE

**Lasting: Not Temporary**

**Biblical: Not Worldly**

**Change: Not Coping**

**1 Peter 1:14-16**

*As obedient children, do not be conformed to the former lusts which were yours in your ignorance, 15 but like the Holy One who called you, be holy yourselves also in all your behavior; 16 because it is written, "YOU SHALL BE HOLY, FOR I AM HOLY."*

# Man's Way and God's Way

# Self-Confrontation (Week 2)

## An Example in Reverse: Temporary Unbiblical Coping

1. No Phones
2. No Electronics
3. Fix and Eat Healthy Meals Together
4. Clean the House
5. Hug Each Other Every Day and Tell Each Other One Things You Love About Each Other

### Beneath the Surface

#### Husband:

- \* Resented having to work so much
- \* Feared not doing good enough

#### Wife:

- \* Felt guilty about not working
- \* Feared failure of the family

**Solution: Communicate and Strip Life Down**

# Self-Confrontation (Week 2)

## Key Concept: Lasting Biblical Change

1. LASTING
2. BIBLICAL
3. CHANGE

*“Change is not pleasant at times. Yet we know that true peace, joy, and contentment, which are possible even in the greatest difficulties, can come only as we become more and more like Christ.” (SCSWB-W26)*

*“The Scriptures will be painting a picture of you during this Bible Study that you may not always like. You may be punctured by God’s Word in many ways as you study, but you will gain immensely from the experience if you remain open to the Holy Spirit’s conviction. Conviction, even if it does not feel good, is the loving, gracious work of the Holy Spirit in your life to show you that you need to change to develop Christlikeness.” (SCSWB-W28)*



# Self-Confrontation (Week 2)

## Principle 2

**You are to be rooted, built up, and established in the Lord Jesus Christ and are not to be conformed to the world. You must practice God's word to grow into maturity.**


## Principle 3

**Practicing God's word begins with judging yourself and removing sinful obstructions from your own life. Then, you will have the privilege and responsibility of restoring others to victorious living.**



# Self-Confrontation (Week 2)

## Four Foundational Truths About the New Birth

1. A new relationship with God,
  2. Divine empowering now available to live the Christian life,
  3. A new purpose for living, and
  4. A new plan for spiritual growth. (SCSWB-23)
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# Self-Confrontation (Week 1)

## A New Relationship with God

Colossians 1:21-23

*And although you were formerly alienated and hostile in mind, engaged in evil deeds, 22 yet He has now reconciled you in His fleshly body through death, in order to present you before Him holy and blameless and beyond reproach — 23 if indeed you continue in the faith firmly established and steadfast, and not moved away from the hope of the gospel that you have heard, which was proclaimed in all creation under heaven, and of which I, Paul, was made a minister.*

### Before

**Alienated**

**Hostile in Mind**

**Engaged in Evil Deeds**

### After

**Holy**

**Blameless**

**Beyond Reproach**

# Self-Confrontation (Week 1)

## Divine Empowering for Living the Christian Life

2 Peter 1:2-5

*Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord; 3 seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence. 4 For by these He has granted to us His precious and magnificent promises, so that by them you may become partakers of the divine nature, having escaped the corruption that is in the world by lust.*

### Divine Power

**Everything Pertaining to Life and Godliness  
Precious and Magnificent Promises**

### Divine Nature

**May Become Partakers of the Divine Nature**

# Self-Confrontation (Week 1)

## A New Purpose for Living (a new focus)

2 Corinthians 5:14-15

*For the love of Christ controls us, having concluded this, that one died for all, therefore all died; 15 and He died for all, so that they who live might no longer live for themselves, but for Him who died and rose again on their behalf.*

Instead of pleasing self, God says we are to please 6) Him. Instead of our focus being on 7) living for self, our focus should be on 8) dying to self. (SCSWB-26)

**As a Christian, the new purpose God has for you is to live for HIS PLEASURE.**



## Self-Confrontation (Week 1)

**Q: What is the chief end of man?**

**A: Man's chief end is to glorify God, and to enjoy Him forever.**

**"The chief end of man, is that which man ought chiefly to aim at or design, to desire, seek after, and endeavor to obtain, as his chief good and happiness; unto which his life and his actions should be referred and directed; which is the glorifying of God, and the enjoying of God for ever."**

**– Thomas Vincent (1634-1678)**

# Self-Confrontation (Week 1)

## A New Plan for Spiritual Growth

Luke 6:47-49

*Everyone who comes to Me and hears My words and acts on them, I will show you whom he is like: 48 he is like a man building a house, who dug deep and laid a foundation on the rock; and when a flood occurred, the torrent burst against that house and could not shake it, because it had been well built. 49 "But the one who has heard and has not acted accordingly, is like a man who built a house on the ground without any foundation; and the torrent burst against it and immediately it collapsed, and the ruin of that house was great."*

**Biblical change in you, sovereignly originated, sustained, and to be completed by God, is always linked to your obedience to God's Word. (SCM-33)**

# Self-Confrontation (Week 1)

## A New Plan for Spiritual Growth

James 1:22-25

*But prove yourselves doers of the word, and not merely hearers who delude themselves. 23 For if anyone is a hearer of the word and not a doer, he is like a man who looks at his natural face in a mirror; 24 for once he has looked at himself and gone away, he has immediately forgotten what kind of person he was. 25 But one who looks intently at the perfect law, the law of liberty, and abides by it, not having become a forgetful hearer but an effectual doer, this man will be blessed in what he does.*

**Spiritual Growth occurs when someone hears God's words and abides by them.**

**As a Christian, the new plan God for you is to hear and practice.**



# Self-Confrontation (Week 2)

## **Biblical Self-Confrontation: An Essential for Discipleship**

**Complete the Self-Confrontation  
Discipleship Evaluation Sheet**

**Discuss One Area with Members of Your Group**



# Self-Confrontation (Week 2)

## The Sufficiency of Scripture

Psalm 19:7-11

The law of the Lord is perfect, restoring the soul; The testimony of the Lord is sure, making wise the simple. 8 The precepts of the Lord are right, rejoicing the heart; The commandment of the Lord is pure, enlightening the eyes. 9 The fear of the Lord is clean, enduring forever; The judgments of the Lord are true; they are righteous altogether. 10 They are more desirable than gold, yes, than much fine gold; Sweeter also than honey and the drippings of the honeycomb. 11 Moreover, by them Your servant is warned; In keeping them there is great reward.

Perfect-----	> Restoring the Soul
Sure-----	> Making Wise the Simple
Right-----	> Rejoicing the Heart
Pure-----	> Enlightening the Eyes
Clean-----	> Enduring Forever
True-----	> Righteous Altogether

# Self-Confrontation (Week 2)

## A Definition of Key Terms

### Counseling:

\* One or more people sharing verbal, directional, and instructive ideas for life.

### Discipleship:

\* The ministry of sharing the good news of change through Jesus with the certainty that the believing hearer will be conformed to the image of Christ.

### Some Sources of Counseling/Discipleship:

Preachers

Friends

Professionals

Television

Strangers

Print Media

Family

Politicians

Doctors

Lawyers

Financial Planners

Teachers

Children

Formal

Informal

**All of Life is Discipleship**

# Self-Confrontation (Week 2)

## Lasting Change and Log Removal

Matthew 7:3-5

"Why do you look at the speck that is in your brother's eye, but do not notice the log that is in your own eye? 4

"Or how can you say to your brother, 'Let me take the speck out of your eye,' and behold, the log is in your own eye? 5 "You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.

Galatians 6:1

Brethren, even if anyone is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; *each one* looking to yourself, so that you too will not be tempted.

## Who is Spiritual?

# Self-Confrontation (Week 2)

## Who is Spiritual?

**Galatians 5:25**

If we live by the Spirit, let us also walk by the Spirit.

**1 Corinthians 3:1-3**

And I, brethren, could not speak to you as to spiritual men, but as to men of flesh, as to infants in Christ. 2 I gave you milk to drink, not solid food; for you were not yet able *to receive it*. Indeed, even now you are not yet able, 3 for you are still fleshly. For since there is jealousy and strife among you, are you not fleshly, and are you not walking like mere men?

**Spiritual = Walking by the Spirit**

**Man's Way**

Man's Gurus

Man's Degrees

Man's Titles

**God's Way**

His Spirit

His Scriptures

His Power



## Self-Confrontation (Week 2)

**If you seek to address your problems with resources that are not grounded in a right understanding of Scripture, you will not be helped.**

**If you attempt to help someone using resources that are not grounded in a right understanding of Scripture, you will not help him.**

# Self-Confrontation (Week 2)

## Today's Freebie

### The Bible Marking Bookmark

**THE BASICS OF MARKING A BOOK AS YOU READ**

**UNDERLINE**  
Key Statements and Paragraphs

**CIRCLE**  
Key People, Dates, Places, Etc.

**!!** in margin: Agree with Statement

**?** in margin: Questionable Statement

**⊘** in margin: Disagree with Statement

**SR** in margin: Scripture References

**T** in margin: Thesis Statement

**🔍** in margin: Interest in Further Study

**YOU WILL NEED**

- Colored Pencils
- A Mechanical Pencil
- A Pen (preferably a Pilot G-5 Ball)
- A Straight Edge

**THE BASICS OF MARKING A BIBLE AS YOU READ**

**UNDERLINE**  
Key Verses and Passages

**CIRCLE**  
Theological Terms/Keywords  
(Assurance, Redemption, Justice, etc.)

**SQUARE**  
Specific Themes Chosen to follow  
(Sin, Grace, Names of God, etc.)

**TRIANGLE**  
Geographic Terms  
(Cities, Rivers, Mountains, etc.)

Connect Related Terms  
(Repeated Terms, Consecutive Progression, Synonyms, etc.)

USE COLORED PENCILS TO SHADE ENTIRE VERSES/PASSAGES (PRIMARILY NEW TESTAMENT)

<b>GREEN</b>	Character, Perspective, Work of the Author
<b>YELLOW</b>	Character, Nature, Work of God
<b>BROWN</b>	Character, Nature, Work of Man
<b>BLUE</b>	Positive Commands (Do)
<b>RED</b>	Negative Commands (Do Not)

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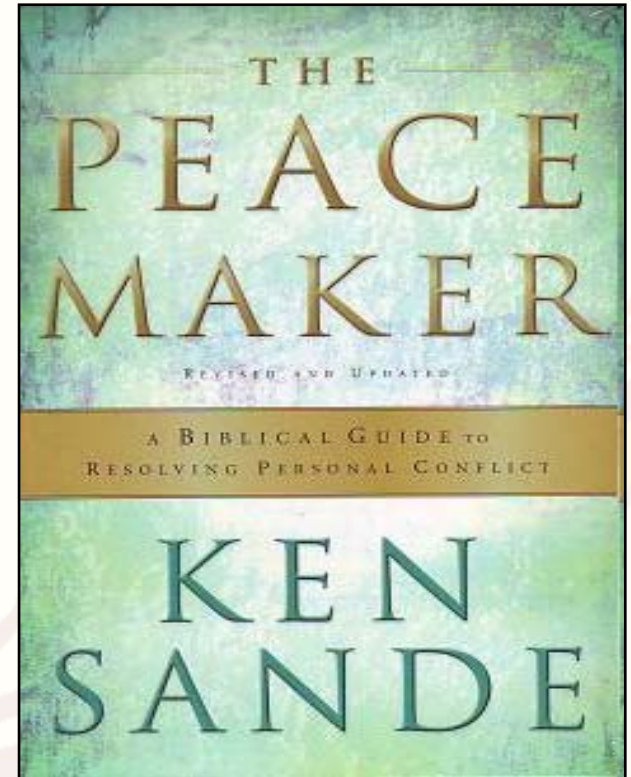
# Self-Confrontation (Week 2)

## *Today's Giveaway*

### **The Peacemaker: A Biblical Guide to Resolving Personal Conflict**

**By**

**Ken Sande**



**All Class Audio and Materials Available**

@

**[www.mynameisrush.com](http://www.mynameisrush.com)**



## Self-Confrontation (Week 2)

***Think about this...***

***As Christians, we boldly confess the Bible is inspired, inerrant, infallible and, therefore, sufficient.***

***If we say the Bible is sufficient, what do we actually mean?***

***What is the Bible good for?***

***What is the Bible not good for?***



## Self-Confrontation (Week 2)

***For Next Week:***

***Complete Lesson 3 in the  
Self-Confrontation Student Workbook***

